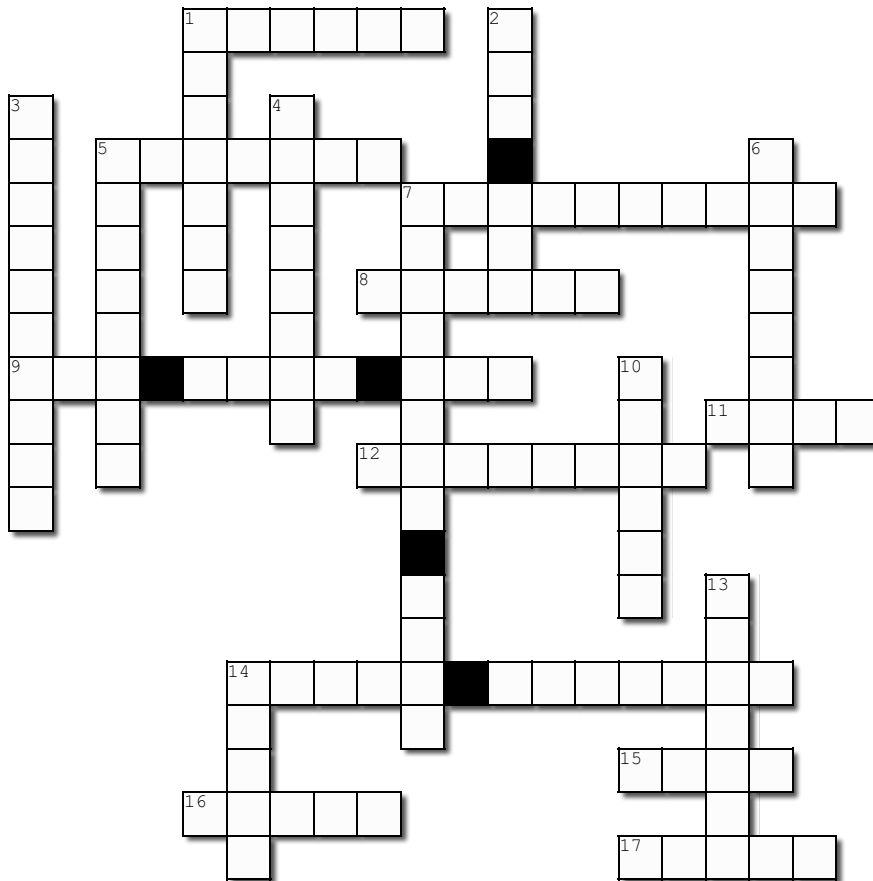


Black Pear Lockdown Crossword

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Across

1. If it's not here, it doesn't count!
5. 9am on Saturdays. Don't forget this.
7. The club's home for most weekly runs.
8. One of the club colours.
9. 10 laps of fancy dress fun.
11. Conference, comice and concorde.
12. Pheidippides set a PB here in 490 BC.
14. Spikes and club colours are essential.
15. 1760 yards.
16. Cutting down on mileage before the big event.
17. Running without a watch on

Down

1. Bridge named after the Roman name for the river.
2. Start on the chime of the church bells.
3. Not quite hilly, not quite flat.
4. Avoid losing these on longer runs.
5. Good shoes should help to prevent these.
6. You'll need a good supply of this to avoid hitting the wall.
7. Many runners aim to get one of these.
10. Every November you'll find us at this scenic place.
13. Swedish speed training with an unusual name.
14. Don't fall in here.