

## Risk assessment for group running during Covid-19 restrictions

Assessment date: 17th June 2020

Assessed by: Stuart Munday

Location: All areas

Persons at risk: Runners and members of the public

Review frequency: Minimum every 2 weeks

Review date: 5th August 2020

Latest updates shown in red

Next review due: 19th August 2020

Hazard identification		Risk			Safeguarding and protective measures	Risk			Instructions / Information for Use	Follow-up		
Location	Hazard	Who	Specific Causes	No safety measures			Safeguarding and protective measures may require instructions	With safety measures			Who	
				Likeli hood	Severity	Risk		Likeli hood	Severity	Risk		
<b>General</b>												
	Infection transmission	All	Somebody in the group has the Covid-19 infection	2	5	High	The following groups of people must not participate in a group run: 1: Anybody suffering from Covid-19 2: Anybody with Covid-19 symptoms 3: Anybody who thinks they may have Covid 19 infection 4: Anybody who is self-isolating or falls into an "at-risk" group 5: Anybody who is shielding	1	4	Medium	Clarify with all participants in advance whether they fall into any of these groups. Email sent automatically from WIX after booking. All attendees must confirm that they are in compliance when attending a group run. Note: Answers to the questions must relate to the 24 hour period immediately prior to the run.	Group leader
	Hygiene	Runners	1: Wiping/touching face - before/during/after run 2: Touching traffic light buttons, road signs, gates, fences, barriers, handrails etc 3: Spitting, coughing and excess sweating during the run 4: Sharing water bottles	4	5	High	1: Runners should carry hand sanitiser and/or anti-bacterial wipes and use before, during and after the run 2: All runners to bring their own water for hydration before, during and after the run 3: Avoid spitting during the run 4: Avoid coughing in close proximity and towards other runners and members of the public. 5: if prone to excess sweating on face wear an absorbent sweatband if possible. 6: select route that minimises need to touch things such as gates, styles and pushbutton controlled pedestrian crossings	2	4	Medium	1. All runners to be aware of their responsibilities 2. Try to make a list of recommended routes available on the BPJ website	All
	Contact with members of the public	Runners, members of public	Runs generally take place on public roads, pavements, footpaths bridleways and canal paths which are also used by members of the public.	5	3	High	Try to avoid busy and/or narrow routes - eg parts of the river "promenade" near the Cathedral, steer a wide berth round other users - pedestrians, other runners, cyclists. Stop if necessary to allow others to pass. Avoid spitting etc - carry and use tissues (dispose of responsibly).	3	2	Medium	Try to plan route in advance	Group leader
	Size of group	Runners	Too many people turn up for the run - current guidelines state more than 6. BPJ guidelines allow actual group size up to maximum of 12 but at sole discretion of group leader	4	4	High	Limit group to a maximum of 6 people. If more than 6 people meet, the group needs to split into groups of 6 or fewer If using social media to arrange the run, confirm who can run with the group in advance.	1	2	Low	Group leader to control group size	Group leader

